

# New York State Area Health Education Center System

## AHEC Scholars Program Syllabus

### Year 2



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#### Program Overview

The NYS AHEC Scholars Program is a state-wide, two-year long academic program designed to provide current health professional students with community-learning opportunities in underserved and medically disadvantaged areas. You, along with a team of other multidisciplinary health professions students, will identify the root causes of select clinical and social complexities. In this second half of the two year program, the online modules will provide more in-depth knowledge related to healthcare quality improvement/practice transformation, caring for vulnerable populations, and mental health and primary care integration.

#### Online Module Organization

The didactic portion of the NYS AHEC Scholars program is available completely online in asynchronous format (meaning that there is not a set time that you must log in each week). Each module can be completed on your time and at your own pace.

#### Objectives of the Online Modules

Participants of the NYS AHEC Scholars Program will:

1. Increase knowledge and comprehension of barriers (medical and non-medical) to quality healthcare for specific vulnerable patient population;
2. Increase knowledge related to current healthcare reform efforts; and
3. Increase awareness and comprehension of the importance of quality improvement in healthcare.

#### Prerequisites

Current enrollment or matriculation in an approved health-professions degree or certificate program, and completion of AHEC Scholars Year 1.

## Mode of Instruction

This course utilizes embedded videos and links to documents or external sources, including articles, websites, etc. There is no required textbook for this course. All reading assignments will be posted directly in each module.

## Computer Requirements

Reliable access to the internet on a computer capable of accessing the online modules is required. Smart phones and tablets may also be used to complete these activities.

## Course Navigation

At the top of our webpage (<http://nysahec.org>), hover over the “Our Programs” tab. Within that menu, hover over the “NYS AHEC Scholars” drop down selection. The separate “AHEC Scholars Login” selection will bring you to the course access page. Please use the log-in credentials provided to you to gain access to the course content.

To enter each module, click on the link provided in the table found on the course home page. Within each module, you will find a series of topics. Please refer to the directions within each topic and review all content, including embedded videos and links to documents or external sources, including articles, websites, etc. After reviewing the content within each module and topic, please click on the “Mark Complete” button found at the bottom of each page. This will help track your progression through the course. Please note that certain topics require uploaded assignments. ***You will not be able to mark these topics complete until you have uploaded your assignment.***

You may also flip between modules and topics by using the sidebar navigation found on each module and topic page. If, at any time, you wish to return to this home page, you may click on the link “Return to AHEC Scholars” found at the bottom of the sidebar on each module and topic page.

## Documenting Experiential Training

As an AHEC Scholar, you are required to complete a minimum of 40 hours per year of eligible experiential training. Over the course of the program, you will be participating in community-based or clinical learning experiences to further enhance your didactic lessons. To ensure that you are meeting your minimum hour requirement, you will be required to keep a log of all activity hours, including but not limited to placement hours, scholarly/research related work, and any hours dedicated to community-based projects. After you complete your log, you will be asked to write a one-page critical reflection on an event or experience encountered during that time frame. Activity logs, along with critical reflections, should be monthly submissions. Additional directions and writing prompts can be found in the “Documenting Experiential Training” module.

## External/Supplemental Training (Optional)

As an AHEC Scholar, you are also required to complete a minimum of 40 hours per year of didactic education. Although completing the online modules and routine case conferences (or other assigned supplemental activities at the discretion of your AHEC center) will provide you with the hours you need to meet this requirement, you may choose to supplement this training with additional educational activities, such as:

- Conference presentations
- Discussion Panels
- Informational videos (i.e. TED or instructional)
- Keynote Speeches/Lectures/Seminars (outside required courses)

- On-line Learning Modules (outside required courses)
- Training Workshops/Retreats

In order for any additional educational activities to count towards your 40 hour didactic requirement, you must submit documentation verifying proof of attendance and/or completion. Examples of such documentation include: an event agenda, signed attendance form, or certificate of completion.

Additional directions, including a list of acceptable external training topics and copy of a blank attendance verification form, can be found in the “External or Supplemental Training” module.

### [AHEC Scholars Discussion Board](#)

On the course home page, you will find a link on the right sidebar to the NYS AHEC Scholars Discussion Board. You can use this forum to post questions about the program and to talk with members of other AHEC Scholars Teams across the state about your experiences. Feel free to share best practices, as well as learning moments. Just be sure to use de-identify any patient information.

### [Optional Note Taking Templates](#)

On the course home page, you will find a link on the right sidebar to a separate page containing a study template for each of the online modules. These guides outline key points and provide ample space for you to highlight details as you progress through the course. *Please note that these guides are an optional resource for you, and are not a mandatory component of the program.*

### [Online Module Outline](#)

The table on the following page details the course modules, topics, activities, assignments, and estimated completion time.

### [Course Completion](#)

All modules, topics, activities, and assignments must be completed by **August 31 of the program year at 11:59pm EST**, unless other arrangements have been made in coordination with your AHEC Center and the NYS AHEC System Statewide Office.

### [Need Help?](#)

If you have questions about the course or issues navigating within the modules, please reach out to your specific AHEC Center contact.

Online Module Outline:

Module	Name	Topics Covered	Activities	Assignments	Estimated Completion Time
1	<b>Healthcare Reform in the US</b>	<ul style="list-style-type: none"> <li>• Costs of Healthcare</li> <li>• Healthcare Reform: Why do we need it?</li> <li>• Payment Model Evolution</li> <li>• Introduction to Value Based Healthcare</li> <li>• Overview of DSRIP</li> <li>• US Healthcare Reform Issues</li> <li>• Comparing Healthcare Systems across the World</li> </ul>	<ul style="list-style-type: none"> <li>• Video</li> <li>• Assigned Readings</li> </ul>	<ul style="list-style-type: none"> <li>• Upload copy of Course Completion</li> </ul>	5.25 hours
2	<b>Getting to Know/Understand Vulnerable Populations</b>	<ul style="list-style-type: none"> <li>• Aging Adults</li> <li>• Homeless Individuals</li> <li>• LGBTQ Individuals</li> <li>• Maternal/Child Health</li> <li>• People with Disabilities</li> <li>• Refugees/Immigrants</li> <li>• Veterans</li> </ul>	<ul style="list-style-type: none"> <li>• Video</li> <li>• Assigned Readings</li> </ul>	<ul style="list-style-type: none"> <li>• Upload copy of Course Completion</li> <li>• Population Specific Assignments</li> </ul>	14.5 hours
3	<b>Individuals with Mental Health Diagnoses</b>	<ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Bipolar Disorder</li> <li>• Depression</li> <li>• Eating Disorders</li> <li>• Schizophrenia</li> <li>• Suicide Awareness and Prevention</li> <li>• Stigma</li> </ul>	<ul style="list-style-type: none"> <li>• Video</li> <li>• Assigned Readings</li> <li>• Quiz</li> </ul>	<ul style="list-style-type: none"> <li>• Upload copy of Course Completion</li> </ul>	5.0 hours
4	<b>Substance Use Disorder</b>	<ul style="list-style-type: none"> <li>• Neurobiology</li> <li>• Common Types</li> <li>• Overview of Stigma</li> <li>• SBIRT Training</li> <li>• Opioid Overdose Training</li> <li>• Treatment/Availability of Services</li> </ul>	<ul style="list-style-type: none"> <li>• Video</li> <li>• Assigned Readings</li> </ul>	<ul style="list-style-type: none"> <li>• Upload copy of Course Completion</li> <li>• Treatment Services Look Up Assignment</li> </ul>	8.0 hours
5	<b>Quality Improvement</b>	<ul style="list-style-type: none"> <li>• Basics of Quality Improvement</li> <li>• Implementing Quality Improvement</li> <li>• Additional Quality Improvement Tools</li> </ul>	<ul style="list-style-type: none"> <li>• Video</li> <li>• Assigned Readings</li> </ul>	<ul style="list-style-type: none"> <li>• Upload copy of Course Completion(s)</li> </ul>	3.25 hours
6	<b>Documenting Experiential Training</b>	<ul style="list-style-type: none"> <li>• Recording Experiential Training</li> </ul>	<ul style="list-style-type: none"> <li>• Patient Interactions</li> </ul>	<ul style="list-style-type: none"> <li>• Monthly Activity Log and Reflection</li> </ul>	Not Counted in Didactic Hour Requirement
7	<b>External or Supplemental Training (OPTIONAL)</b>	<ul style="list-style-type: none"> <li>• Acceptable External Training</li> </ul>		<ul style="list-style-type: none"> <li>• Upload Verification of Attendance or Document of Completion</li> </ul>	Not Counted in Didactic Hour Requirement

**\*\*The remaining 4.0 hours of the 40-hour didactic requirement will be achieved via faculty/student case conferencing. \*\***