

NEW YORK STATE

New York's Opioid Overdose rate has been *higher than the national average* since 2012!



Drug Overdose is the leading cause of accidental death in New York, ahead of car accidents!

WHAT IS AN OPIOID USE DISORDER?

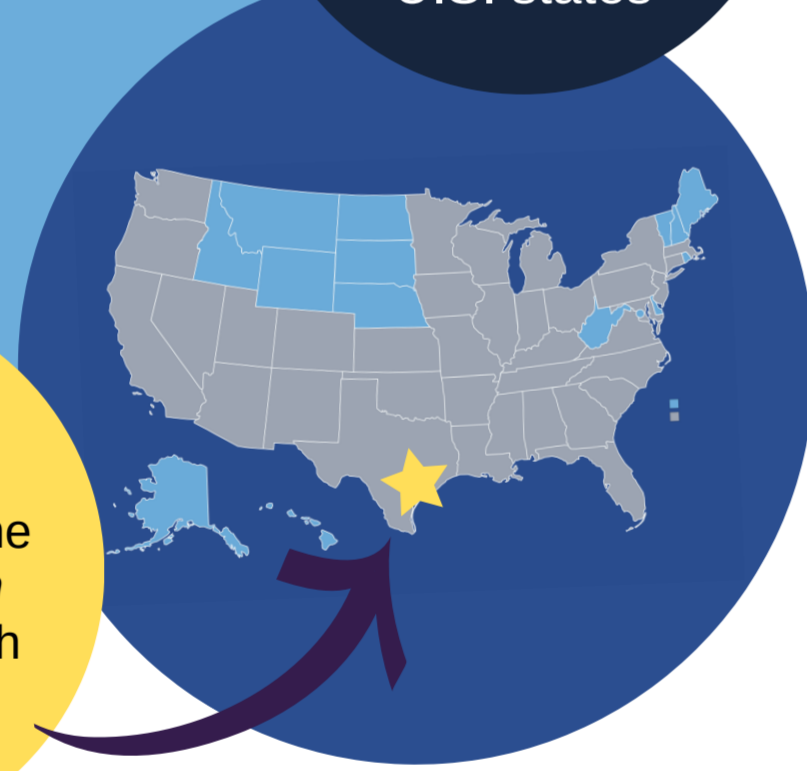
"A problematic pattern of opioid use that leads to serious impairment or distress"

OUD symptoms include:
- loss of control
- social problems
- risky use
- tolerance & withdrawal

2.3 MILLION PEOPLE IN THE U.S. HAD AN OPIOID USE DISORDER IN 2017

That's more people living with an OUD than the population of each of these U.S. states

That's the equivalent of everyone in Houston, Texas, the 4th largest city in the U.S. living with an Opioid Use Disorder!



- References:
- NIH National Institute on Drug Abuse: Opioids
 - American Society of Addiction Medicine
 - CDC Website: Opioids
 - CDC Morbidity and Mortality Weekly Report
 - Characteristics of initial prescription episodes and likelihood of long term opioid use- United States 2006-2015, Shah, Hayes, Martin, 2017.

Treatment Resources

If you, or someone you know is struggling with drug use, they are not alone!
The first step toward recovery is finding help.

New York State Hopeline:
1-877-846-7369

Call or Text
24/7 Confidential, Free
Counseling and
Referral Service

**New York State
Treatment Locator:**

<https://findaddiction.treatment.ny.gov/>

**SAMHSA National
Helpline:**
1-800-662-HELP (4357)

Call or Text
24/7, Free, English/Spanish
Referral and Informational
Helpline

Provider Training **Community Prevention** **Student Education**

Educating providers, students, and communities to combat the opioid epidemic across New York State.

FACES OF ADDICTION

ADDICTION DOESN'T DISCRIMINATE **IT CAN HAPPEN TO ANYONE** **HELP IS AVAILABLE**

WHAT IS ADDICTION?

Addiction is a *chronic disease* that changes the brain and its circuits.



Addiction Involves:

- Loss of Control
- Cravings
- Tolerance and Withdrawal
- Behavior problems
- Relationship problems
- Relapse

TYPES OF OPIOIDS

Opioids are highly addictive drugs that reduce pain

Prescription Opioids

- Hydrocodone (Lortab, Vicodin)
- Oxycodone (OxyContin, Percocet)
- Morphine

- Hydromorphone (Dilaudid)
- Meperidine (Demerol)
- Codeine

Illegal Opioids

- Heroin
- Fentanyl (Not prescribed)
- Carfentanil (Not prescribed)

Addiction Treatment Medication

- Buprenorphine
- Methadone
- Naltrexone

It only takes **5 DAYS** to become addicted to opioids!

Signs of an Opioid Overdose

- Blue fingernails or lips
- Unresponsive when called to or shaken
- Slow or sluggish heart rate
- Pinpoint Pupils
- Cold or clammy skin
- Slowed or stopped breathing

If you suspect an opioid overdose, **CALL 911!** You are protected and the overdose can be reversed.

BE PREPARED. GET NALOXONE. SAVE A LIFE.

REVERSES OPIOID OVERDOSES:

- Blocks Opioids in the Brain
- Restarts Breathing
- PREVENTS DEATH

COMES IN THREE FORMS:

- Injectable (for professionals)
- Auto-Injectable (EVZIO)
- Nasal Spray (NARCAN)

NALOXONE (NARCAN)

US SURGEON GENERAL ADVISORY:
"Knowing how to use naloxone and keeping it within reach can save a life."

ANYONE CAN BE TRAINED TO ADMINISTER NARCAN

To find a training, visit: <https://nyoverdose.org/Home/Calendar>